

Complete Formula is specifically formulated to meet the needs for both women and men, providing the targeted delivery of vitamins and minerals. †

Suggested Use: 2 capsules before bed.

**CAUTION:** As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Store in a cool, dry place. Do not use if safety seal is broken or missing. Keep out of reach of children.

Distributed by: **Fast Fitness USA**  
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# COMPLETE

## Beyond Vitamins & Minerals

### Formulated to Support

- Physical Energy
- Healthy Reproductive System
- Heart Health
- Bone Health
- Immunity

60 Peach Tablets | Dietary Supplement



## Supplement Facts

Amount Per Serving	Serving Size 2 Capsules	Serving Per Container, 30	% Daily Value
Vitamin A (as beta carotene)			7572.44 IU *
Vitamin D2 (as ergocalciferol)			623.94 IU *
Vitamin C (as ascorbic acid)			150.10 MG *
Ferrous Sulfate			20.000 MG *
Zinc (as zinc sulfate)			20.000 MG *
Vitamin E (as DL-Alpha tocopheryl Acetate)			20.000 IU *
Pantothenic Acid (as D-Calcium pantothenate)			20.000 MG *
Niacin (as niacinamide)			21.000 MG *
Vitamin B1 (as Thiamine Mononitrate)			3.400 MG *
Vitamin B2 (as Riboflavin)			4.400 MG *
Vitamin B6 (as Pyridoxine HCL)			3.760 MG *
Copper (as copper sulfate)			3.000 MG *
Manganese (as Manganese Sulfate)			2.000 MG *
Folic Acid			0.430 MG *
Iodine (as Potassium Iodide)			0.150 MG *
Biotin			0.09 MG *
Selenium (as sodium selenite)			0.060 MG *
Chromium (as chromium chloride)			0.040 MG *
Molybdenum (ammonium dimolybdate)			0.040 MG *
Vitamin K-1 (as phytionadione)			0.020 MG *
Vitamin K-2 (as cyanocobalamin)			0.0142 MG *

\*Daily Value not established

Other Ingredients: Microcrystalline Cellulose, Dicalcium Phosphate, Stearic Acid, Crospovidone, Magnesium Stearate, Silicon Dioxide

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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MANUFACTURED IN A USDA ORGANIC CERTIFIED FACILITY  
MANUFACTURED IN A NSF GMP CERTIFIED FACILITY